



Serving Florida

***For more information
please call (321) 397-3000.***

chsfl.org/counseling

We're proud to partner with



Children's Home Society of Florida recognizes that some of our clients may have particular communications needs. We will make available auxiliary aids, sign language interpreters and foreign language interpreters at no charge in order to meet these needs. To request such assistance, please contact Children's Home Society of Florida at least 2 hours prior to the date the assistance is needed.



*Overwhelmed?
Anxious? Confused?
You're not alone.*



**Confidential
Counseling
for children, teens,
families and adults**



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Sometimes life is overwhelming.

Don't go through it alone – our counselors can empower you to work through life's challenges and regain control of your life.

Are you or your child experiencing:

- Sadness
- Constant fatigue
- Anger
- Nervousness
- Divorce
- Grief
- Trouble focusing
- Depression
- Insomnia
- Worry
- Relationship struggles
- Domestic violence
- Family dysfunction
- Struggles from physical, sexual or emotional abuse

If you answered yes to anything above, we can help. Visit us at www.chsfl.org/counseling.

What can I expect?

With our team of trained counselors, you'll receive comprehensive, personalized services to provide you with the best care. In the comfort of your home, our office or your child's school – wherever you prefer – our highly trained, compassionate counselors will help you find and build upon your strengths so you can cope with, work through and overcome challenges.

We'll talk about your support system. We'll talk about how to build and engage in healthy connections and relationships.

We'll talk about where you are and where you want to be. You determine your goals, and we'll help you get there.

We also offer a variety of psychiatric services in office and remotely through telemedicine – available only to clients also receiving therapy through CHS.



Why Children's Home Society of Florida?

Because you'll receive the **best treatment** by **top counselors**.

We have a team of highly trained **master-level therapists** as well as **licensed psychiatrists** available to provide **comprehensive care** to you and your family.

Our **trauma-informed** counselors and psychiatrists have **extensive training and experience**, and they're ready to help you **regain control** of your life.

We've been **empowering children and families** to find brighter tomorrows for more than 100 years.

We'd be honored to help you, too.